

## Alaska SNAP-Ed Program Resource List

Below is a list of resources that SNAP-Ed program providers may find helpful. These resources are not an exhaustive list, and the Alaska SNAP-Ed program is not promoting one program or activity over another. This list is provided for informational purposes only.

### Nutrition Education & Obesity Prevention curriculums/trainings/activities

- SNAP-Ed Strategies & Interventions Toolkit  
<https://snaped.fns.usda.gov/snap/SNAPEdStrategiesAndInterventionsToolkitForStates.pdf>
- Eating smart, being active  
<http://extension.colostate.edu/topic-areas/nutrition-food-safety-health/eating-smart-%E2%80%A2-being-active/>
- Alaska's Play Every Day – Sugar Sweetened Beverage Reduction Resources  
<http://dhss.alaska.gov/dph/PlayEveryDay/pages/Sugary-Drink-Resources.aspx>
- SNAP-Ed Arizona Approved Resource List  
[http://www.eatwellbewell.org/uploads/media/documents/approved-curricula-chart-1\\_16\\_14.pdf](http://www.eatwellbewell.org/uploads/media/documents/approved-curricula-chart-1_16_14.pdf)
- My Plate Nutrition Educators Information  
<http://www.choosemyplate.gov/information-educators.html>
- CARE Connection: Nutrition Education in Child Care  
<http://www.nfsmi.org/ResourceOverview.aspx?ID=207>
- Money for Food Program  
<http://www.uwex.edu/ces/wnep/teach/mff/index.cfm>
- Eat Healthy Be Active Community Workshop  
<https://health.gov/dietaryguidelines/workshops/>
- Pennsylvania Nutrition Education Tracks  
<http://www.patricks.org>

### Resources for reaching culturally/ethnically diverse audiences

- Alaska Traditional Foods Database  
<http://www.nativeknowledge.org/start.htm>
- Multi-ethnic Food Pyramids
- <https://fnic.nal.usda.gov/dietary-guidance/past-food-pyramid-materials/ethniccultural-food-pyramids>
- Cultural and Ethnic Food & Nutrition Education Resource List  
<https://fnic.nal.usda.gov/sites/fnic.nal.usda.gov/files/uploads/ethnic.pdf>

### **Social Marketing Resources**

- Obesity Prevention Coordinators Social Marketing Guide  
<http://health.usf.edu/NR/rdonlyres/1F6E6B64-967D-45D1-8BC1-357EC9B3BC30/24125/ObesityPreventionCoordinatorsSocialMarketingG.pdf>
- CDC Social Media Toolkit  
<http://www.cdc.gov/socialmedia/tools/guidelines/socialmediatoolkit.html>

### **School Wellness Policies**

- USDA Local School Wellness Policies  
<http://www.fns.usda.gov/tn/local-school-wellness-policy>
- CalFresh School Wellness Policy Evaluation Guide  
<http://www.cdph.ca.gov/programs/cpns/Documents/RE-AIMSschoolWellness.pdf>

### **Healthy, Low-Cost Recipes**

- Alaska Family Meals Cookbook  
[http://dhss.alaska.gov/dpa/Documents/dpa/programs/nutri/wic/pdfs/complete\\_cookbook.pdf](http://dhss.alaska.gov/dpa/Documents/dpa/programs/nutri/wic/pdfs/complete_cookbook.pdf)
- Alaska Grown Recipes  
<http://eatlocalalaskagrown.org/alaska-grown-recipes/>
- USDA/SNAP-Ed Mixing Bowl Recipes  
<https://snaped.fns.usda.gov/basic-nutrition-everyone/healthy-low-cost-recipes>
- USDA Recipe Websites  
<http://www.nutrition.gov/shopping-cooking-meal-planning/recipes>
- New Jersey SNAP-Ed recipes  
<http://www.snaped4me.org/Recipes.htm>
- Arizona Nutrition Network recipes  
<http://www.eatwellbewell.org/recipes>
- Eat Fresh – Tasty Recipes on a Budget  
<http://eatfresh.org/recipe>

### **Professional Development for Nutrition Educators:**

- SNAP-Ed online tools & Trainings  
<http://snap.nal.usda.gov/professional-development-tools/online-training>
- National Food Safety Management institute  
<http://www.nfsmi.org/Templates/TemplateDefault.aspx?qs=cEIEPTI0MQ>
- USDA Library of Professional Education Courses  
[http://www.usda.gov/wps/portal/usda/usdahome?navid=TRAINING&parentnav=EDUCATOR\\_STUDENT&navtype=RT](http://www.usda.gov/wps/portal/usda/usdahome?navid=TRAINING&parentnav=EDUCATOR_STUDENT&navtype=RT)
- Social Marketing for Public Health  
<http://socialmarketingcollaborative.org/smc/>

### **Program Evaluation Resources:**

- Western Region Evaluation Toolkit  
<http://snap.nal.usda.gov/snap/WesternRegionEvaluationFramework.pdf>
- Conducting Effective SNAP-Ed Evaluations  
[http://www.fns.usda.gov/sites/default/files/SNAPEDWaveII\\_Guide.pdf](http://www.fns.usda.gov/sites/default/files/SNAPEDWaveII_Guide.pdf)
- Other SNAP-Ed evaluation resources  
<http://snap.nal.usda.gov/professional-development-tools/evaluation>
- National Collaborative on Childhood Obesity Research - Measures Registry  
<http://nccor.org/nccor-tools/measures/index>

### **Local Data Sources for Nutrition Information**

- 2014 Alaska SNAP-Ed Needs Assessment  
[http://dhss.alaska.gov/dpa/Documents/dpa/pdf/Alaska\\_SNAP\\_needs\\_assessment\\_report.pdf](http://dhss.alaska.gov/dpa/Documents/dpa/pdf/Alaska_SNAP_needs_assessment_report.pdf)
- Youth Risk Behavior Surveillance System  
<http://dhss.alaska.gov/dph/chronic/pages/yrbs/yrbs.aspx>
- Behavioral Risk Factor Surveillance System  
<http://dhss.alaska.gov/dph/Chronic/Pages/brfss/default.aspx>
- Food Research & Action Center  
<http://frac.org/reports-and-resources/snapfood-stamp-monthly-participation-data/>
- Healthy Alaskans 2020  
<http://hss.state.ak.us/ha2020/>